



# CHOOSING ANTI • RACISM

A PROJECT BY  IFM•SEI

[Start the quiz](#)

**Do I want to tackle Racism?**

**Yes**

**No**



**Do I understand what it means  
to be actively anti-racist?**

(And not just non-racist)

**Yes**

**No**

**Do I want to now how to be  
actively Anti-racist?**

**Yes**

**No**

# **I am actively anti-racist**

**As an  
organisation**

**In my  
personal life**

**In my personal life?**

**Yes**

**No**

**Back**

**As an organisation?**

**Yes**

**No**

**Back**

**Is it easy for me to identify the  
4 types of racism?**

**Yes**

**No**



**I am amplifying B/PoC/diverse  
voices in my organisation?**

**Yes**

**No**

**Am I aware of any similar organisations or spaces in my community which encourage active anti-racist action?**

**Yes**

**No**

**Do I have the knowledge, time  
or resources to include diverse  
voices in order to be actively  
anti-racist?**

**Yes**

**No**

**That's brilliant!**

**Continue to collaborate with  
organisations and individuals in your  
community, seek their feedback and  
continue to adapt, grow and fight racism**

**[Click here](#)**



# Congratulations!

[Start again](#)

**Here are some resources and organisations which you may want to collaborate with in the future:**

**Toolkit**

**End**





**Thanks for playing!**

**Start again**

**Here are some resources which can  
help you champion diverse voices in  
your organisations:**

**Toolkit**

**Podcasts**

**End**





# Here's a definition of active anti-racism:

Racism can be defined as the act of discrimination and prejudice against people based on race or ethnicity, and often reveals itself most clearly in interpersonal relationships. However, its roots run deep, interlacing with the very structures of our societies. In this block, we will unravel the layers, presenting a review of the four key categories that collectively sustain racism: Interpersonal, Institutional, Systemic, and Structural.

See more in page 10 from the toolkit



**Return**



Here's a set of reflection questions for me to understand the he'd for active anti-racism in both my organisation & my personal life.

**See the toolkit reflection questions in page 20**

**Toolkit**

**End**





Here are some:

- Definitions
- Activities and
- Examples on the 4 types of racism

See the toolkit in page 20

**Toolkit**

**End**

