

VISAS MINEFIELD

We will look at how unsettling it might be to have to move from one country to another without knowing what is laying ahead.

MATERIALS

- Masking tape
- Paper or big objects
- Blindfolds

Age	5+
Duration	40 min
Group Size	10+
Space	Big room or out

OBJECTIVES

- Give a first idea about the reality of mobility

PREPARATION

- Put two tape lines in two extremes of the room
- Scatter some objects, like chairs or tables around the room. Otherwise you can use some paper sheets.

STEP-BY-STEP

1. Tell them than they have to cross the minefield to go from one side of the room to the other across the minefield. The challenge will be that they will have to do so with their eyes covered and someone else will guide them (verbally).
2. Tell the participants to go into pairs and go to the start line and ask one of the pair to cover their eyes.
3. Each time someone gets to the finish line, they can open their eyes and switch roles to guide the other person to them.

DEBRIEFING

- How did you feel being guided through the unsafe environment?
- How did you feel guiding someone?
- Was it different for those who had each role as a first?
- What were your major difficulties in both roles?
- Were you bothered by external influences? (I.e. other people indications)
- If going through the minefield is exercising your right to move, what would be the “bombs”?
- Do you think what you felt is similar to what people trying to move feel?

TIPS

- You might decide to change the obstacles positions.
- You can set a maximum amount of time for the whole group to pass and make it more cooperative.